



I'm getting Fit4Duty to support first responder mental health

Please support me in my 8 week challenge as I raise funds for Fortem Australia.

Make a donation here:

www.thankafirstresponderday.org.au/fundraisers/

A photograph of a woman with dark hair in a ponytail, wearing a black athletic top, performing a pull-up on a green metal bar at a park. The background shows trees and a bright sky. The image is partially obscured by a blue curved graphic element at the top.

thankafirstresponderdayorg.au